AID eNEWSLETTER
ALL ADULT INCLUSIVE DESIGN PROJECT NEWS

TRANSNATIONAL PROJECT MEETING IN ROME

The second transnational meeting of AID (TPM 2) was successfully completed in LUMSA, the University of Rome (Italy), on the 27th and 28th of July 2021, with all partners attending (9 people).

During the meeting, the results of the activities developed so far were analyzed and discussed (Output 1: "Curriculum for mentors", led by Fundacja "AKTYWNI XXI" in Poland).

In addition, progress has been made in the forthcoming activities to be developed by all partners, in particular in the Output 2 ("AID-Software App Tool"), lead by "SYNTHESIS" Center For Research And Education, and the Output 3 ("AID-Multimedia Tool"), lead by LUMSA. Also the dissemination plan was discussed, lead by LUMSA.

The participants enjoyed the Education Faculty, in Piazza delle Vaschette (Rome). They also visited some of the most popular places in Rome: St. Peter's Basilica and Vatican City, and the Mausoleum of Hadrian, usually know as Castel Sant'Angelo.

IO1 READY TO BE READ

The "Curriculum for mentors" is ready to be read.

This methodological handbook is aimed at encouraging the elderly (adults 50+) to motive, guide and support disadvantaged or at risk of isolation people (such as migrants and refugees or people with special needs), becoming volunteers and mentors, in order to participate in social activities and to be active in their community.

The document contains fun and engaging mentoring sessions that can be easily used by volunteers to achieve different goals: map assets of knowledge and skills, build trustful relationship, bring social inclusion into everyday life, facilitate the basic language learning through game-based activities, establish and maintaining boundaries, know a contingency plan and some tips for successful mentoring.

The curriculum is now available in English on the official website of the project, and it will be translated by each partner in Italian, Spanish and Polish.

WORK IN PROGRESS FOR IO2

IO2 is an online web application aimed at supporting seniors to be more proactive about volunteering, and highly motivated. It is a tool complementary with the curriculum for mentors (IO1). The main content of the web app, equally distributed among partners, will include: 8 podcasts; 12 tools/practices; and 12 reflection questions.

Background knowledge of the web app will enable volunteers to creatively use some theories and practices to volunteer. In particular, podcasts and reflection questions could concern some theories or motivational stories; and the tools could be consolidated methods such as mindfulness exercises, and activities to improve emotional awareness or manage conflicting situation.

At the moment, all partners still have a lot of work to do to realize IO2, which could be ready in the next months.

SOME IDEAS FOR IO3

IO3 is a video that all partners should create after the workshops with seniors. During a brainstorming session in the meeting, all participants shared a common structure, agreeing to carry out some interviews with seniors (50+), focusing on their hints about skills and competencies for volunteering and mentoring, and their personal experience. In the end, the participants, after the training provided by each partner (Universities, foundation, and center of research and education) will have the opportunity to tell their story, sharing their unique experience and motivating other people in the local community, with a knock-on effect on the project.

SHARE

Last, but not least, please follow the project on our social media to keep in touch with us!

QUOTE OF THE MONTH

Coming together is a beginning; keeping together is progress; working together is success.

(Edward Everett Hale)